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HELL & BACK Terms & Conditions

Physical Condition of Participants

Before you or your child takes part in HELL & BACK, you should contact a medical professional to make sure that it is appropriate for you. We strongly recommend that all participants and parents/guardians with health-related concerns visit their local GP for a health check-up before participating. Everyone taking part in HELL & BACK does so at their own risk.

Personal Accident Insurance Cover

A €6pp (adult) or €3pp (child) Personal Accident Insurance Fee is a mandatory part of your registration. The policy, which is underwritten by AIG Ireland, provides various benefits, including Medical Expenses for injuries sustained while participating in HELL & BACK. Please email info@aliveoutside.ie for more details.

Age of Participants

FOR H&B ADULT 13KM & 8KM: I confirm that I am aged 16 or older.

FOR CHILDREN: Each child taking part must be of the correct age to participate:

- For H&B Junior 1KM, children must be aged 5+.
- For H&B Junior 3KM, children must be aged 8+.
- For H&B Family 8KM, children must be aged 10+ and accompanied by an adult.
- For H&B Teen 8KM, children must be aged 12+.

For insurance reasons, children that do not meet the above age criteria will be unable to take part.

Infectious Diseases

Killruddery Estate is a large, vast working farm, which is home to a wide variety of plants and animals, both domestic and wild. As the course involves running through trenches and boggy ground, Alive Outside encourages all participants and parents/guardians to be aware of the risks of Infectious Diseases, especially Weils / Leptospirosis Disease, which is an acute infectious disease spread by infected wild and domestic animals. In the unlikely event of you and/or your child developing symptoms after the event, you should see a medical professional immediately.

By accepting these Terms & Conditions, you agree to the risks associated with running through the natural habitat of these plants and animals. Alive Outside does not accept liability for any illness contracted – everyone takes part at their own risk. For more information, check out <http://www.hellandback.ie/WeilsDisease.html>.

Adhere to Rules & Regulations

It is the responsibility of each participant to complete HELL & BACK within the rules and regulations stated by the organisers and marshals. Please follow marshal instructions at all times. Failure to do so may result in that participant being removed from H&B without refund.

Data Protection Act

Alive Outside holds information on users and members in accordance with the provisions of the General Data Protection Regulation (GDPR) in force as of the 25th May 2018, and will adhere to any other relevant future legislation in this area.

The information you provide on this form will not be used for any marketing purposes or shared with any third party.



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Photography/Image Rights

Alive Outside will have Official Photographers and Videographers at HELL & BACK taking action photos and videos of both those taking part and spectators, which we then post onto our social media sites. We may also use some images for promotional material (brochures, posters, web ads etc) in the future.

By taking part in H&B, and by accepting these Terms & Conditions, you consent to photographs and videos of you and/or your child being used in the future.

Valuables

Alive Outside is not responsible for lost, damaged or stolen property while in or on the premises, car parks or other areas within the vicinity of HELL & BACK. Please use the Secure Valuables Drop, where available, for any valuable items you may have (keys, wallet, mobile phone etc).

Consent to Administration of First Aid

Alive Outside has taken all reasonable precautions to ensure the health and safety of everyone participating in our events. In order to ensure that these measures are effective, all persons taking part must take reasonable care to avoid and prevent accidents.

By signing these Terms & Conditions, I agree to release, discharge and hold harmless Alive Outside, its successors and assigns, its designated officials and marshals from all or any liability, claims and demands of whatever nature arising from participation of me and/or my child in HELL & BACK.

In case of injury or illness to me and/or my child, I give my consent to emergency transportation and the administration of first aid and medical treatment.